

Teamwork!



HELPING STUDENTS
SUCCEED!

Elementary Counseling
attempts to help all children
get the most out of school.

Your support and
cooperation can help make
your child's school years a
rewarding experience.

*It is our hope that parents
and students feel free to use
these services. I look
forward to working with
you!!*



NOTHING
CAN DIM THE
light
FROM WITHIN

-Maya Angelou



INTRODUCING YOUR SCHOOL COUNSELOR



Mrs. B

Counseling Program



Students, I am here to help you with:

- Working out friendship problems
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Managing your feelings (stress, anger, worry, etc.)
- Dealing with peer pressure and bullying



Services Provided:



- Classroom Presentations
- Group Counseling
- Brief Solution-Focused Counseling
- Parent Consultations
- Governmental Agency Community Resource Referrals

Contact Me



Carly Bourque School
Counselor

cbourque@ramonausd.net

(760)787-4400 ext. 4433

My Schedule
Ramona Elementary
Thurs/Friday and
alternating Weds.

More Info:



Parents, I am available to assist and provide you with:

- Exploring ways to help your child succeed
- Improving parent-child communications
- Referrals for community services
- Understanding the developmental changes of childhood
- Supply reference materials
- Information to help understand your child's needs